

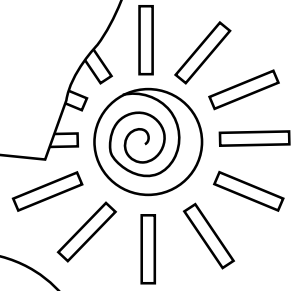
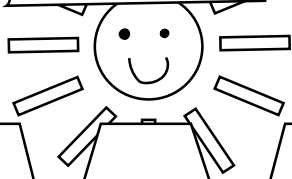
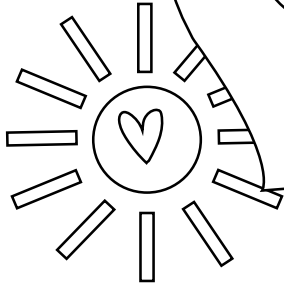
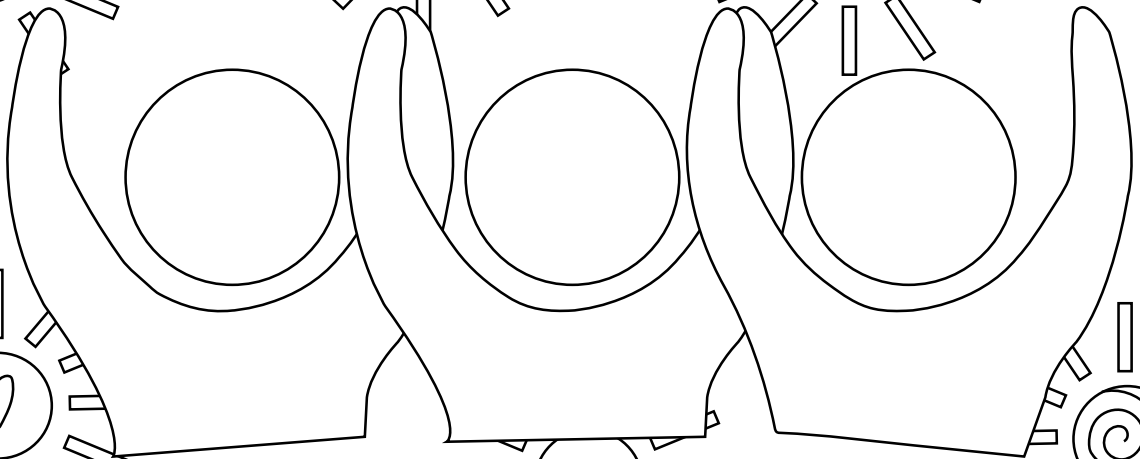
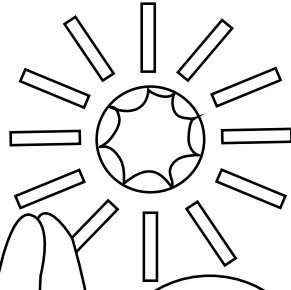
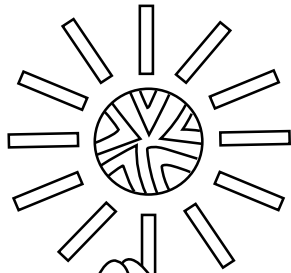
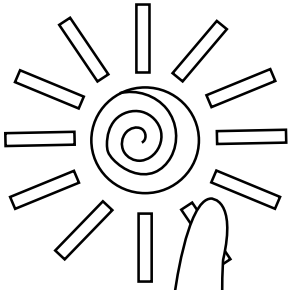
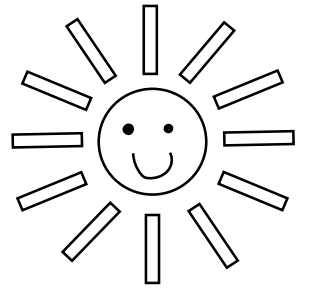
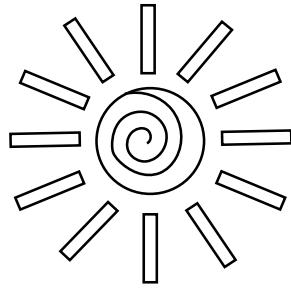
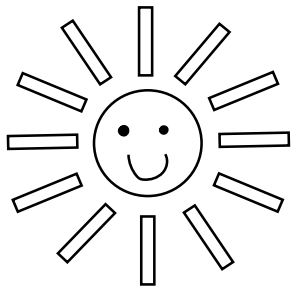
*live
free*

MINDFUL

MISSIONS

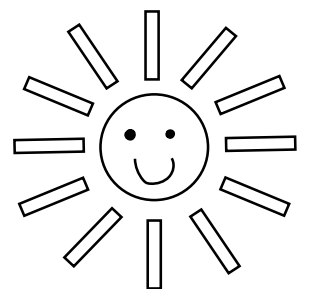
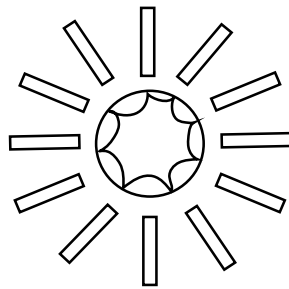
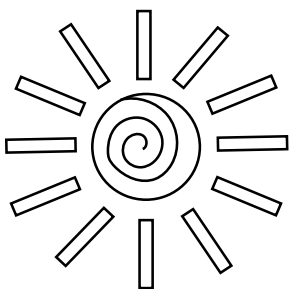
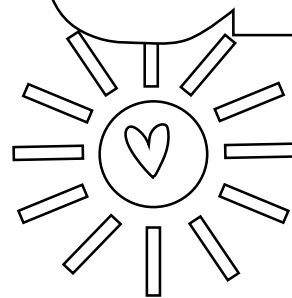
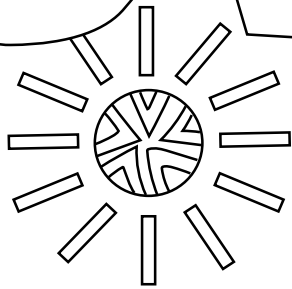
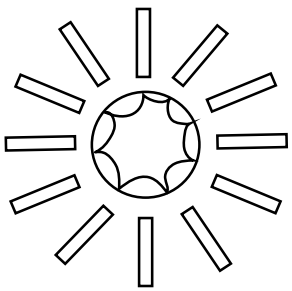


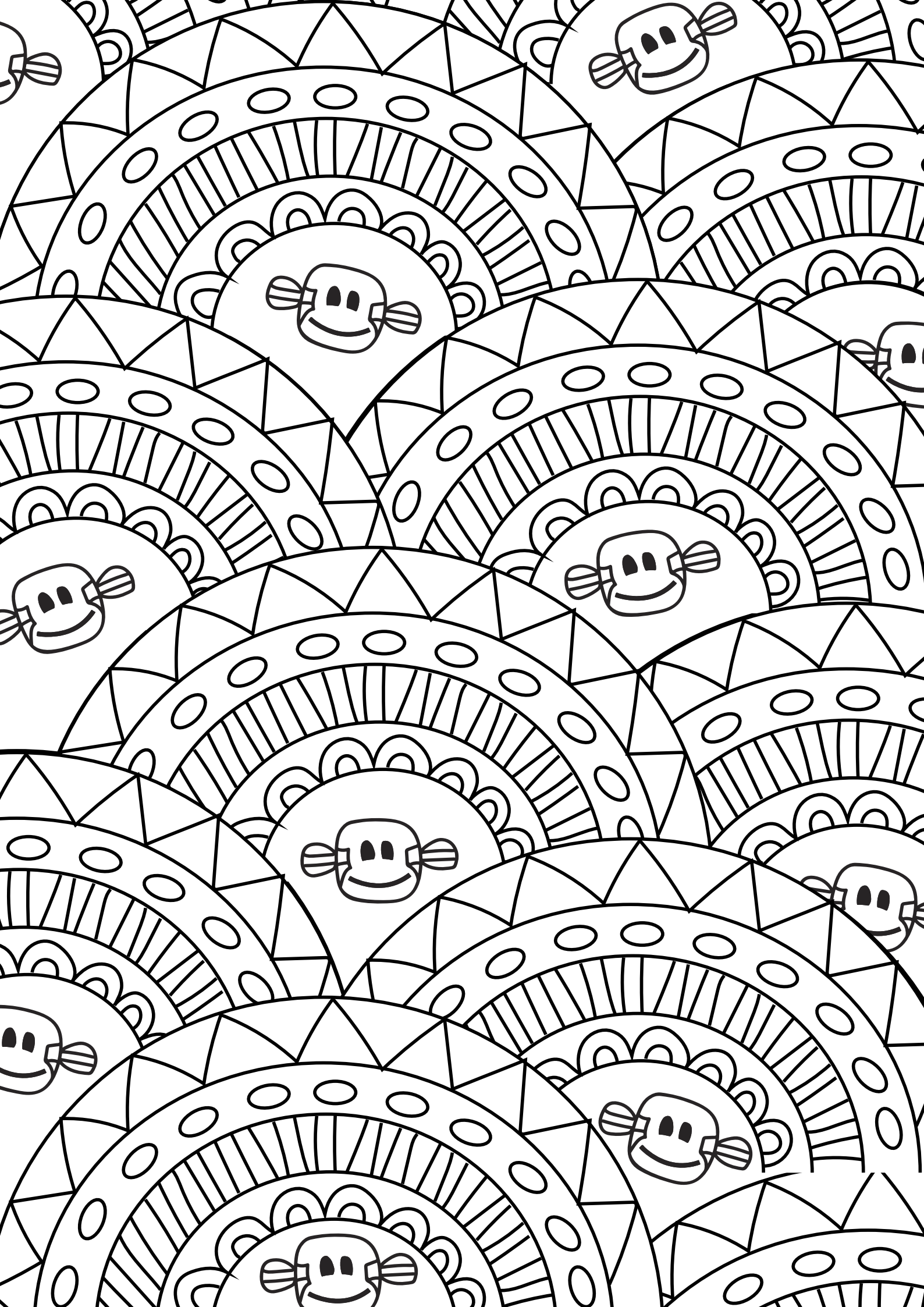
*live
free*



my

CWA





my **CWA**

you're not alone

live free

relax

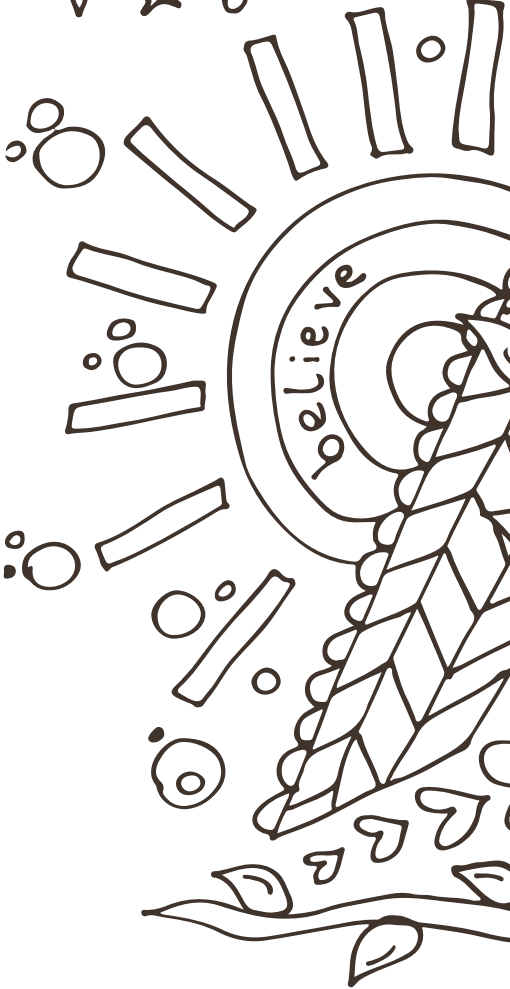
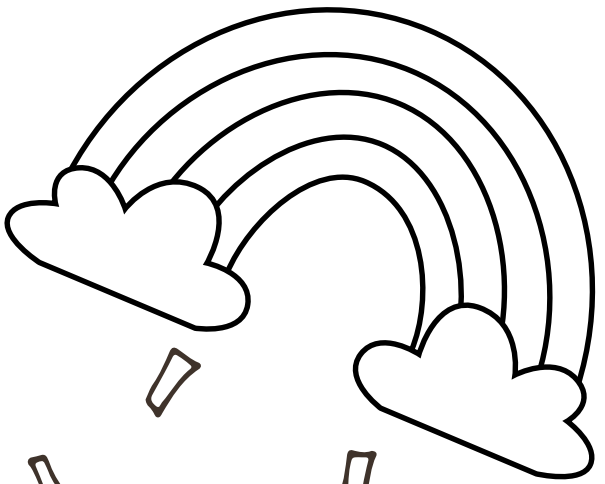
smile

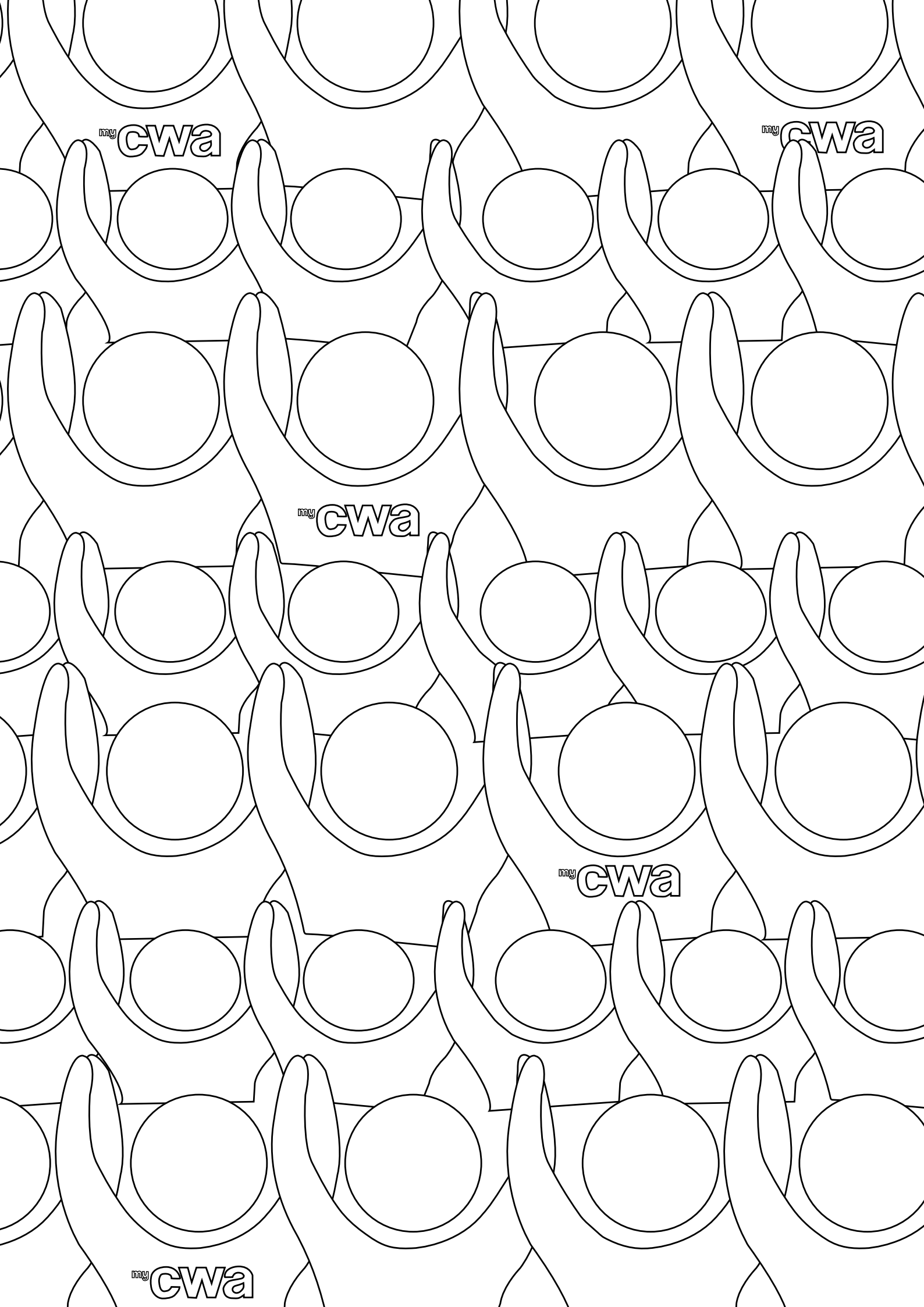
believe

positive

BE KIND

be happy





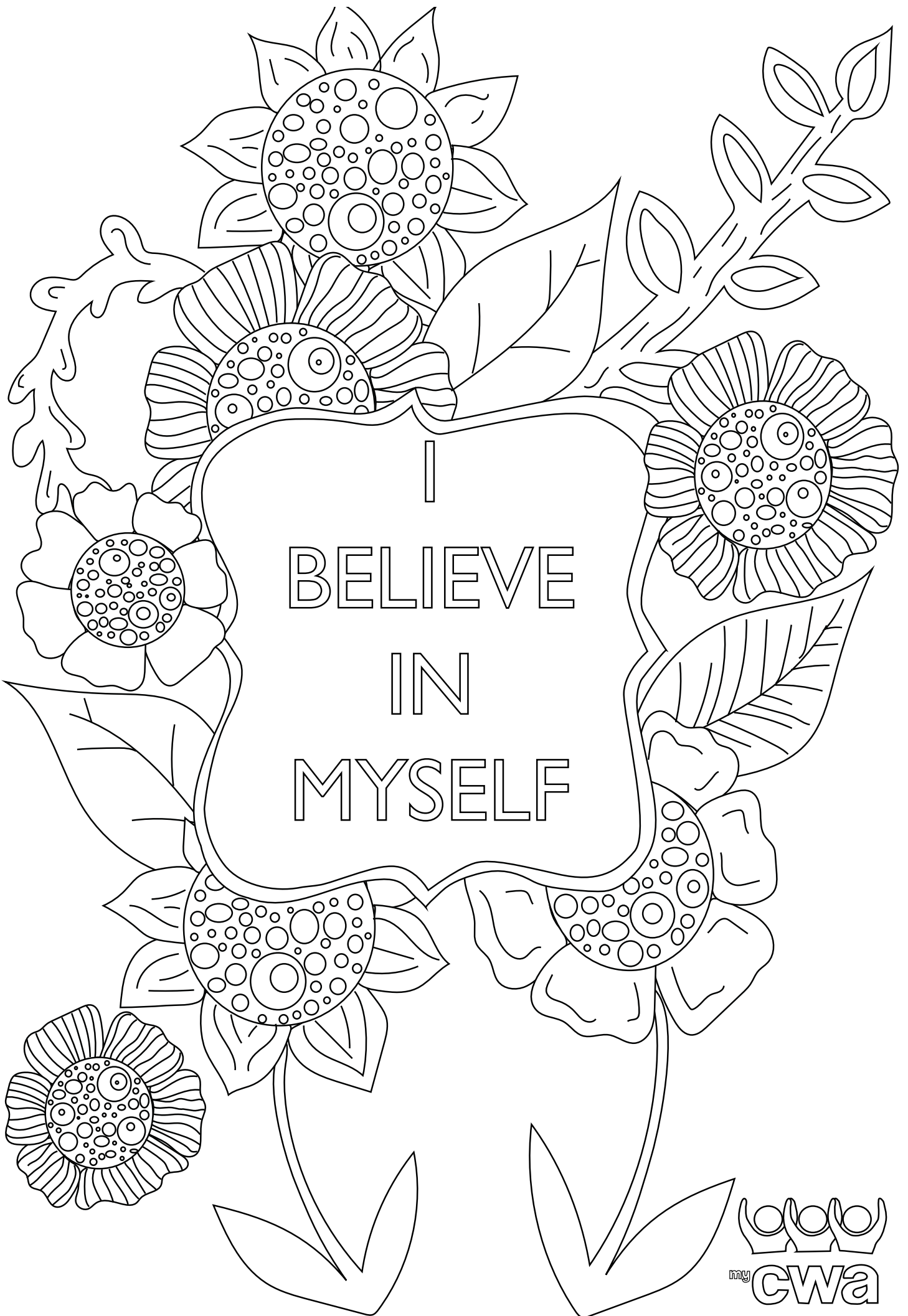
my cwa

my cwa

my cwa

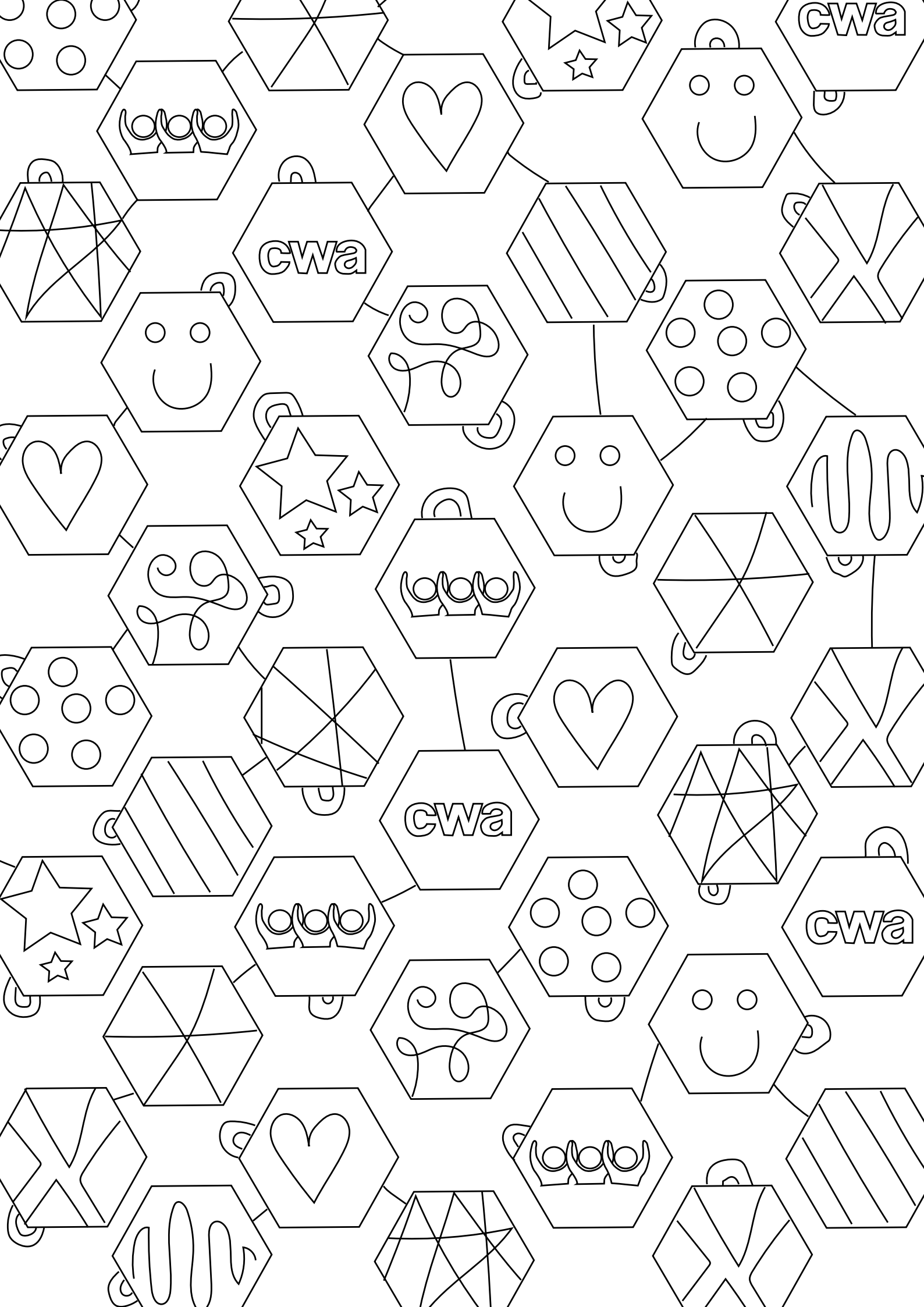
my cwa

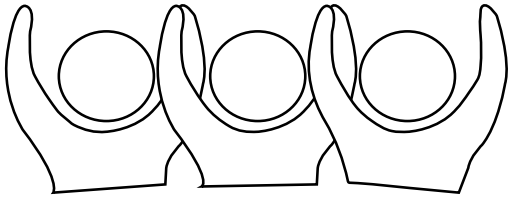
my cwa



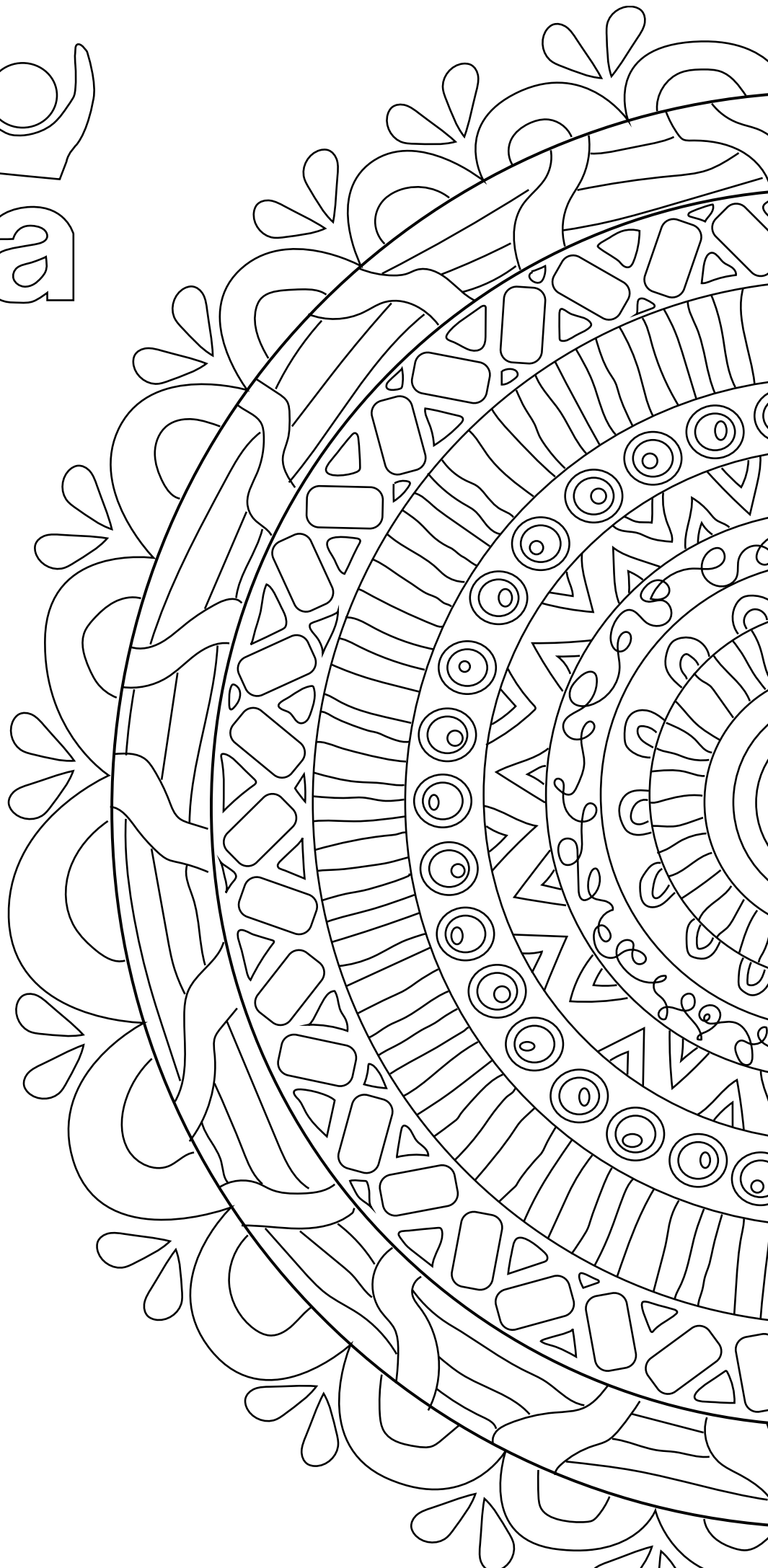
I
BELIEVE
IN
MYSELF







my **cwa**



FOCUS

ON THE

GOOD

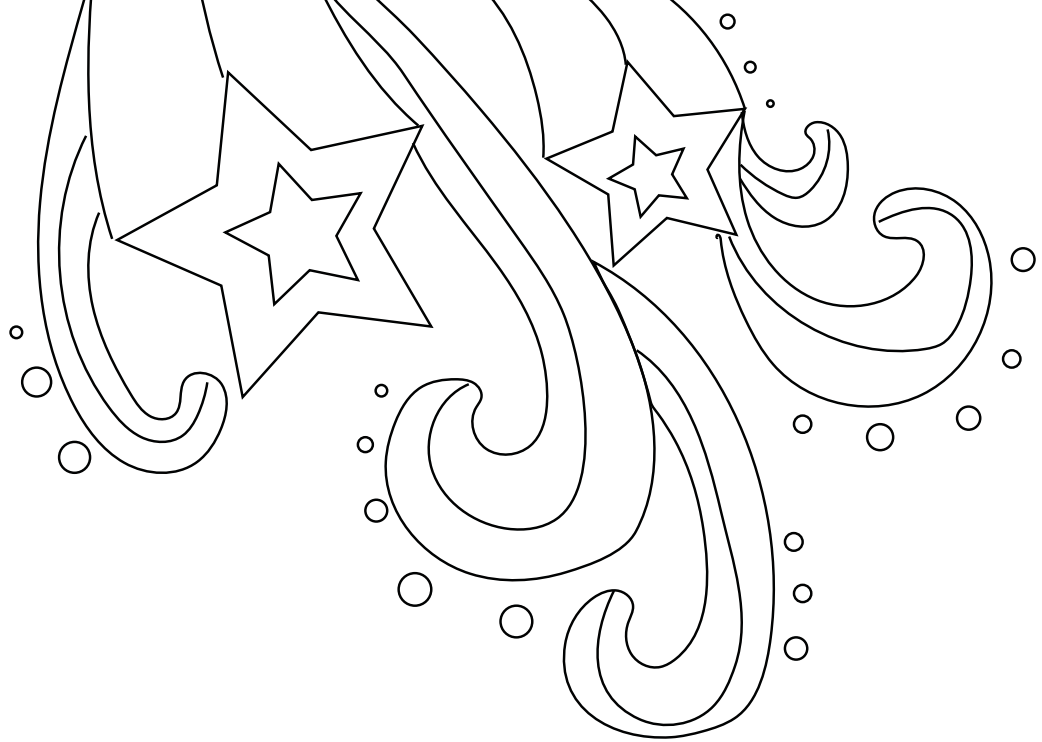
THINGS





MINDFUL

MISSIONS



24 hour helpline 0300 123 5101

www.mycwa.org.uk

#myCWAfree

MINDFUL MISSIONS



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